



1<sup>st</sup> CULTURAL SPORTS EVENT

**ITALIAN KIDNEY FOUNDATION**

*The wonders of Rome to promote health*

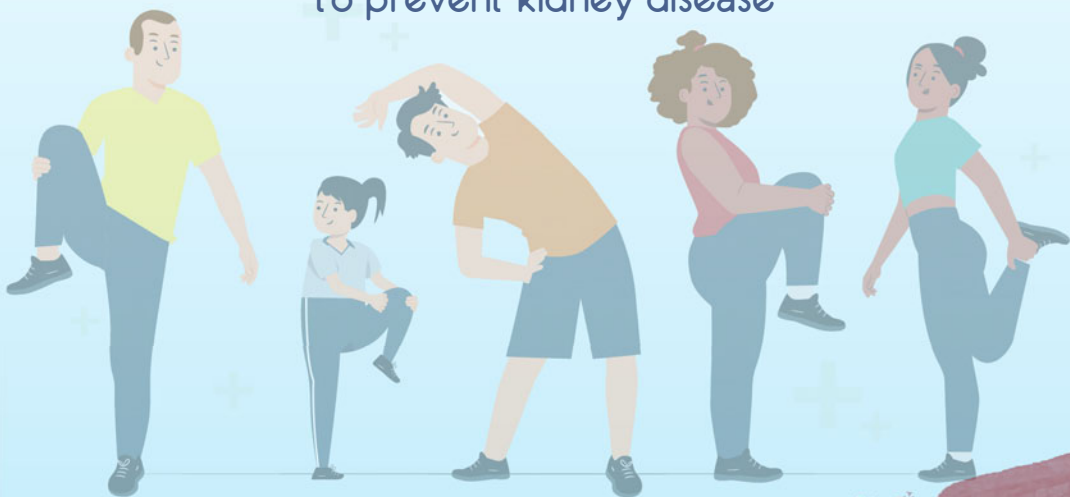


Event F.I.R.



# FIR ARCHEO FITWALKING

Step by step, sport and culture  
to prevent kidney disease



**ROME**  
PARCO DEGLI ACQUEDOTTI  
STARTING VIA LEMONIA 9.30 AM

**3KM**

**SUNDAY**  
**24**  
**SEPTEMBER**



# **FIR** **ARCHEO FITWALKING**

Step by step, sport and culture  
to prevent kidney disease

With this event, the Italian Kidney Foundation wants to promote kidney health through the prevention and treatment of kidney disease, involving nephropathic patients, kidney transplant recipients, associations, medical and nursing staff, renal pharmaceutical companies and sports associations.

The Italian Kidney Foundation's Arceo Fitwalking will be held at the Parco degli Acquedotti (Rome), a wonderful archaeological park that houses one of the most important Roman engineering testimonies.

The walk will take place in various stages that will cross part of Via Latina and the archaeological remains of the 7 majestic Roman aqueducts and a stretch of via Latina, with the assistance of specialized tourist guides (the participants will be divided into small groups equipped with audio guides).

**Registration fee € 5,00**

Registration includes:

- archaeological tour with guide,
- radio headphones,
- nordic-walking poles,
- backpack and water.

**Free access to the  
Health Village**

**CLICK  
HERE**  
TO REGISTER

